## Quick Reference Measuring Guide

Name: $\qquad$
Address: $\qquad$
City/State/Zip: $\qquad$

Phone: $\qquad$
Email: $\qquad$
Date: $\qquad$
A. Head
B. Collar
C. Overarm*
$\longrightarrow$
D. Shoulder Width
$\underline{\square}$
E. Single Shoulder
$\longrightarrow$
$\underline{ }$
F. Chest
G. Chest Front** $\square$
$\underline{ }$
H. Chest Back**
$\qquad$
$\qquad$
J. Shoulder to Waist
*Measure over your arms at the highest point of the shoulder blades and the fullest part of your arms.
**Chest Front and Back are measured along the same line as the Chest measurement. They are measured to the side seams, directly under your arms. Chest Front + Chest Back should = Chest.

Please have someone else help you measure, to ensure the most accurate measurements possible. All measurements should be taken in inches.

If you have any questions, please email me at Deborah@TailorofTwoCities.com.
K. Shoulder to hip
L. Neck to waist (back) $\qquad$
M. Armhole
N. Sleeve Length
O. Undersleeve
P. Bicep
Q. Wrist
R. Hip
S. Upper Thigh
T. Lower Thigh


